



Rushcliffe
Clinical Commissioning Group

Who cares?

You care for them &

We care for you

If you want to know more about the support available for Carers, then come join us on:

Wednesday 10th June 2015

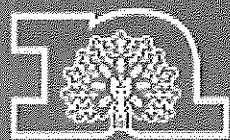
Time: 5:00pm to 7:00pm

Venue: The Grange Hall, Radcliffe on Trent

Doors open at 4:30pm for tea and coffee.
There will be a full agenda of speakers with
an opportunity for you to ask your questions.



www.rushcliffeccg.nhs.uk



**Nottinghamshire
County Council**

A place for great events...

www.nottinghamshire.gov.uk/libraries

Celebrate Carers Week at Bingham Library

Thursday June 11th 10.30am-12.30pm

Drop-in and join us for carers, health and wellbeing information and tours of our new Health Hub. This is a free event open to all carers.

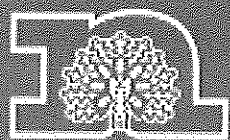
**With First Aid Education for carers
by the British Red Cross
11am-12 noon
Free but booking essential**

Phone or email Bingham Library for more information or to book:

Bingham Library
Eaton Place, Bingham, Nottingham, NG13 8BE
01949 837905 bingham.library@nottsccl.gov.uk



Be part of it?



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Dementia Awareness

**Visit Bingham Library for a day of activities to raise awareness
of Dementia during Dementia Awareness Week**

Tuesday 19th May 2015 from 11am – 3pm

- Dementia friends awareness – become a Dementia Friend and find out how you can help someone with dementia cope with everyday tasks (11.30am - 12.30pm)
- Memory Lane Bags – "Memory Lane bags- an opportunity to look at the reminiscence kits available from Nottinghamshire Libraries"
- Caring for someone with dementia? Find out what support is available to you on the Dementiacarer.net website. Free demonstrations of the website (1.00pm – 1.30pm)
- Dementia information and resources – take a look and see what the Health and Wellbeing Hub has to offer
- Musicworks with John Osborne (2.00pm – 3.00pm)
- Information and support for carers

**For more information contact Bingham Library, Eaton Place, Bingham ,
Nottingham, NG13 8BE Tel: 01949 837905**

See www.nottinghamshire.gov.uk for more details



**Rushcliffe Community
& Voluntary Service**

**NHS
Rushcliffe
Clinical Commissioning Group**

Be part of it?