

Would you like to help us shape services for adults with anxiety or depression?

If so, why not come along to one of our free events for service users and carers to give us your views

Wednesday 23rd March 5:30 pm - 7:00 pm Gamston Community Hall Ambleside, Gamston Nottingham NG2 6PS Wednesday 30th March 2016 1:30 pm - 3:00 pm Beeston Library Foster Avenue, Beeston Nottingham NG9 1AE

Wednesday 6th April 5:30 pm - 7:00 pm Arnold Leisure Centre High Street, Arnold Nottingham NG5 7EE

To book a place: Email: pet@nottinghamnortheastccg.nhs.uk Call: 0800 028 3693



Alternatively, you can give your views by filling out our online survey: www.surveymonkey.co.uk/r/services-for-mental-health

Nottingham North and East Clinical Commissioning Group

NHS Nottingham West Clinical Commissioning Group **NHS** Rushcliffe Clinical Commissioning Group