



May Newsletter 2016

You are welcome to forward the newsletter to others in your organisation. You may use extracts from the newsletter in your publications but please acknowledge Rushcliffe Community and Voluntary Service (RCVS).

Keep up to date with news and information about all of our services by visiting our website www.rushcliffecvs.org.uk. You can contact RCVS on **0115 969 9060**.



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Rushcliffe Community and Voluntary Service (RCVS) News

Rushcliffe CVS is recruiting

Business Development Officer

Initially 25 hours per week £25,440 (pro rata)

This post is for a fixed term for 12 months but may be extended subject to funding.

An exciting opportunity has arisen for an innovative thinker to assist with the development and implementation of RCVS Development Project Plan, aimed at creating a sustainable future for infrastructure support to the voluntary and community sector.

Closing date for applications is 12 noon Friday 27th May 2016 and interviews will be held on Thursday 9th June 2016. For more information and an application pack, please see <http://www.rushcliffecvs.org.uk/about-us-about-us-83/vacancies-about-us-85/920-job-vacancy-for-business-development-officer.html>
e-mail us at admin@rushcliffecvs.org.uk or telephone 0115 969 9060.

First Contact

We are delighted to announce that Nottinghamshire County Council have asked us to continue to coordinate the First Contact Signposting Scheme across South Nottinghamshire for at least a further six months.

Through a simple checklist, First Contact helps to provide information for people aged 60 and over, about services to help them remain safe and independent in their own home. Referrals are made for information on a range of services, for example benefits, adaptations, homecare, community transport, falls, home safety and security. We coordinate this scheme for the south of the county – Rushcliffe, Broxtowe and Gedling. For more information see our website – www.rushcliffecvs.org.uk or contact Karl Stirland on 0115 969 9060 or email kstirland@rushcliffecvs.org.uk

To access the First Contact checklist directly, go to <https://secure.nottinghamshire.gov.uk/doitonline/first-contact-map/>

Volunteers Week 2016!

Find out about our plans for an extra special Volunteers Week event [here](#).

Passengers rate Gedling Voluntary Transport Scheme excellent

All passengers rate Gedling Voluntary transport service very highly – with over two thirds rating it as ‘excellent’ and all rating it as good or very good. The service provides safe, affordable, reliable transport for elderly and disabled people living in Gedling who find it difficult to get out and about.

Most passengers use the service at least once a week and there were many positive statements describing the service including ‘safe’, ‘cheerful’, ‘reliable’ and ‘kind’.

Passengers also said: “Excellent service”. “A lifestyle altering service now I can no longer drive.”

Gedling Voluntary Transport service relies on the goodwill and reliability of its drivers. There is a desperate shortage of drivers throughout the Gedling borough area.

Carolyn Perry, Chief Executive of Rushcliffe Community and Voluntary Service said: “We would love to expand the scheme and take on more passengers, but to do this we need more drivers. If anyone has any spare time one day a week, can drive a car, has a clean licence and loves helping older people, then we would be very pleased if they got in touch. Drivers’ expenses are reimbursed at 45p per mile and use their own vehicle. Drivers also undergo a DBS check to ensure they are suitable people to take our passengers.

Anyone who would like to be a volunteer driver should email gedlingtransport@rushcliffecvs.org.uk or telephone 0115 969 9060.

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Volunteering News

Volunteers' Week: The Big Celebration 1st-12th June 2016

Over 21 million people volunteer in the UK at least once a year and this contributes an estimated £23.9bn to the UK economy. Behind these big numbers is a big contribution.

These 21 million people are a shining example of how we can all make a big difference to individuals and communities every day from improving the environment we live in, spending time with those who may otherwise be lonely and contributing to a range of other essential services and support. We believe such a big contribution is worth a big celebration!

The end of Volunteers' Week will also coincide with the Patron's Lunch on 12 June, a celebration of Her Majesty the Queen's lifetime of service to more than 600 charities and organisations to which The Queen acts as a Patron, on the occasion of her 90th birthday.

Rushcliffe Volunteer Centre & the Volunteer Coordinator Network are holding an event:

LET'S CELEBRATE VOLUNTEERING

Saturday 4th June 2015 10.30—1.30pm, on The Croquet Lawn, Central Avenue, West Bridgford, Nottingham NG2 6AY.

For more information or to get involved please email Helen Stanbridge at volunteer@rushcliffecvs.org.uk or telephone 0115 9699060 Ext 122. Come along and help us celebrate and find out about volunteering and more...

Free Strawberries & Cream!
Free Cake!
Free Raffle!

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Volunteering Opportunities

Below we have a selection of the latest volunteering opportunities. For information about these opportunities or any other aspect of volunteering, whether you are recruiting or want to be a volunteer please contact Helen Stanbridge, Rushcliffe Volunteer Centre Development Officer on **0115 969 9060** or email: hstanbridge@rushcliffecvs.org.uk.

Metropolitan Connect – Volunteer Community Support Worker

Be part of a new rewarding and dynamic service, Metropolitan Connect, by supporting adults in Broxtowe, Gedling and Rushcliffe who are at risk of deteriorating health and loss of independence. We are recruiting volunteers to work with customers in the community to provide support. It could be offering friendship, encouraging community engagement, helping a person move, filling

out forms, accompanying on appointments etc. If you want to gain experience in the Care & Support sector and make a difference to people's lives, we want to hear from you.

Forces in the Community Volunteer Roles

Forces in the Community are a charity for veterans, partners, families and serving personnel. They give advice and support on employment, housing, mental health, social and welfare issues. They are currently looking for volunteers in the following roles: Trustee, Trustee with fundraising expertise, Trustee with marketing experience, Marketing & Social media volunteer, IT/Network administrator volunteer, Volunteer Fundraiser.

Please click [here](#) for more volunteering opportunities, or contact Helen as above.

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Funding

Healthy Lives, Healthy Futures Fund 2016

Through the Rushcliffe Health Partnership, local groups and organisations are invited to put forward proposals for projects that will take creative approaches to improving health locally.

A maximum of £2,000 can be applied for per project (applications are limited to one project per organisation).

Successful projects will promote health and well-being by identifying and addressing inequalities in health or the factors that cause ill-health. Projects can cover a number of themes and deliver in one or more geographical areas within the Borough of Rushcliffe. We are particularly keen to support projects which target the areas of highest need.

More information, and an outline submission form, can be found via our webpage <http://tinyurl.com/jsldkny>

The Healthy Lives, Healthy Futures Fund has been provided by NHS Rushcliffe Clinical Commissioning Group to support local initiatives that aim to improve health and reduce health inequalities for the residents of Rushcliffe.

People's Postcode Trust - Community Grants Round 2

The Trust wants to make the world a better place through short-term funding for projects that help to prevent poverty, support healthy living initiatives and uphold human rights for some of society's most vulnerable groups. It will also consider projects which help different communities come together for better understanding and community relations.

Round 2 of The Postcode Community Trust's Community Grants scheme has opened to applications from registered charities and community groups in England, Scotland and Wales for projects that advance community development.

The Trust seeks to help groups participate more fully in activities within their community, especially for those who may feel isolated through disability or age. The Trust wants to help them overcome these barriers in creative and sustainable ways. Projects should help people gain better

access to community facilities, community activities and strengthen communities in ways that are different, sustainable and reach a wide number of people.

Funding is available for activities that:

- Work in innovative ways to relieve older people's isolation
- Support people looking after others
- Enhance volunteering opportunities
- Promote community arts projects
- Promote team/group sports and activities that benefit communities
- Provide/enhance places for sport and recreation
- Promote interaction of different generations
- Promote a community's social history

Grassroots organisations, local charities and non-profit community businesses that are seeking to effect positive change within their local area in England, Scotland and Wales are eligible to apply. Grants range from £500 to £20,000 for those in Scotland and England and up to £10,000 for those in Wales.

The deadline for applications to Round 2 is 31 May 2016. For more information please go to www.postcodecommunitytrust.org.uk/applying-for-a-grant

Veolia Environmental Trust Reopens for Applications (UK)

The Veolia Environmental Trust has reopened to applications with a new process that streamlines applications. Not-for-profit organisations with environmental or community-based projects in the United Kingdom can apply. Grants of up to £75,000 are available for projects located within five miles of a Veolia Environmental Services facility. Match funding of at least 25% is required.

The funding is available for capital improvement projects at a single site with discrete start and end dates. Projects should fall under one of the following categories:

- Community buildings and rooms
- Outdoor Spaces
- Play and recreation
- Supporting Biodiversity

The application deadlines are 12 noon on 27 May 2016, 26 August 2016, and 25 November 2016 or more information and how to apply follow the link below.

<http://www.veoliatrust.org/funding/>

(Source: Nottinghamshire Together 27.4.16)

SITA Trust - LCF Communities Programme

SITA Trust provides funds to not-for-profit organisations to undertake work that is eligible under the Landfill Communities Fund (LCF). We currently have one funding programme that supports community improvement projects.

We support projects that make physical improvements to community leisure facilities and historic buildings / structures in any of 100 funding zones around qualifying sites owned by our donor, SUEZ Recycling and Recovery UK.

For more information and to check whether your project location is eligible please visit

<http://www.sitatrust.org.uk/england>

(Source: Enable Bulletin 22.4.16)

Trusthouse Charitable Foundation

Our grants target small, local projects working to address community issues in areas of extreme Urban Deprivation or remote, socio-economically deprived Rural Areas. Organisations need to have a demonstrable track record of success.

Under these two main aims, are grants are for projects working under the general headings of Community Support; Arts, Heritage & Education; Disability and Healthcare.

We are delighted to announce that following a review of our criteria by the trustees, our three main grants programmes are as follows:

- Small Capital/Revenue Grants: up to £5,000 - decision within 6 weeks - STOP PRESS: we still have funds available in this budget for the financial year ending 30th June, and are looking for more projects! Applications must be in by the end of May for this financial year's budget (a new budget starts in July 2016)
- Standard Capital/Revenue Grants: between £5,001 and £10,000 – decisions made quarterly
- Large Capital Grants: between £10,000 and £40,000

For more information visit: www.trusthousecharitablefoundation.org.uk

Tesco Bags of Help Programme Open to Applications (GB)

Tesco Bags of Help Programme has opened for Round 2 applications from local groups in England, Scotland and Wales.

Tesco offers grants through its Bags of Help Programme which is funded by Tesco customers from the proceeds of the 5p charge for plastic carrier bags as a result of a government carrier bag levy.

Grants of £8,000, £10,000 and £12,000 are available for capital improvements to local community greenspaces that have free and open access to all members of the community for a minimum of six days a week, during daylight hours.

Voluntary/community organisations, registered charities, health bodies, Parish/Town councils, social enterprises, Community Interest Companies, community councils, local authorities and housing organisations in England, Scotland and Wales can apply. Other not-for-profit organisations might also be eligible. The deadline for applications is 3 June 2016 (noon).

Please see <http://tinyurl.com/gw9jgr6> for more information

(Source – Nottinghamshire Together 20.4.16)

Boots Charitable Trust

Boots Charitable Trust is an independent registered charity wholly funded by Boots UK. To date Boots has awarded over £10 million to charities across the county. We fund registered charities and also smaller voluntary organisations benefiting people who live in Nottinghamshire.

On average the Trust gives about 50 grants per year ranging from £100-£10,000 although applications for larger amounts will be considered. Current funding priorities are Health, Lifelong learning, Community Development and Social care.

For more information visit <http://tinyurl.com/zth5bzt>

The West Bridgford Rotary Club Community Fund

This fund has been established to provide help and support to local community groups, schools and individuals. It is intended that any grant will help:

- Begin a new or develop an existing community organisation for the benefit of local people or the environment;
- Support the development of young people in local schools;
- Support the individual development of young people;
- Provide assistance for people with special needs.

The group, school or individual must be resident or based in West Bridgford, Edwalton, Gamston, Lady Bay or the Meadows. Get the full details at: <http://bit.ly/1XviZyb>

RTC Fund

The aim of this fund is to support people in Nottinghamshire's rural areas, by making grants to community and voluntary groups and individuals serving senior citizens in their communities. This fund is available countywide excluding major urban areas. Grants of up to £500 are available towards any community activity such as the costs of starting a self-help group, buying a piece of equipment or starting a new activity.

Closing Date: 27/05/2016 See: <http://bit.ly/1VBE8qe>

(Source: Nottinghamshire Together 2.3.16)

Funding page on Rushcliffe CVS Website

Click [here](#) to visit the Rushcliffe CVS website for more information about funding specific to Rushcliffe and to find out how we can help you source the funding you need.

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Health

Dementia Awareness Day

Saturday 21st May, 10.00 – 2.00pm

Loughborough University

Open to all. Talks and activities include:

- Dementia Friends talk
- Exercise and cooking workshops
- Design for dementia
- Mind For You Holidays
- Music and art based activities

More information and a poster is available via: <http://www.rushcliffecvs.org.uk/projects-projects-72/health-projects-77/922-dementia-awareness-day.html>

Dementia Support for South Asian families

Do you look after someone with dementia or memory difficulties?

Alzheimer's Society is running a programme of support sessions. These support sessions will be run by both Alzheimer's Society and AWAAZ staff. The next programme will take place as follows:

Time: 1.00 - 3.30pm

Date: 10th May, 17th May, 24th May, 31st May

Middle Street Resource Centre, 74 Middle Street, Beeston, Nottingham NG9 2AR

For more information about your local programme for South Asian families please contact the Alzheimer's Society on 0115 9343800. Booking is essential.

Long-term Conditions Event

Wednesday 11th May 2016, 5.00pm–6.45pm

Gamston Community Hall, Ambleside, Gamston, Nottingham NG2 6PS

NHS Rushcliffe Clinical Commissioning Group (CCG) is holding this event which will include networking stalls, a talk by Dr Neil Fraser on what to expect from your GP and a talk from a community matron about advanced care planning. Cuppa included!

Booking not required, but if you need further information please contact Sue Knowles at RCVS, on 0115 969 9060

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News and Events

Renew 37 - Take Time for Your Mind

On Monday 16th May, why not join us at Renew 37 to take some time out, try some craft activity, listen to music or just be.

We are celebrating the importance of looking after our mental health from 10am til 3pm and you are welcome to pop in at any point for as long as you wish. You are also welcome to bring someone along.

10am – 11am: Singing plus musical accompaniment with Jane

11am – 11.30: Positive Stones with Vicki

12noon – 1pm: InstruMental Health words and music with Ray and Dave

1.30 – 2.30: Meditation with Rosy

Renew 37 – find us at 37 Abbey Rd next to Tiffins Tea House, West Bridgford NG2 5NG

If you have any queries please feel free to contact Rachel Scott on 0115 9455990 or

Vicki Bragg on 07427052616/0115 8221446

Costa Coffee, Cake and Chat

Costa are working in partnership with Nottinghamshire County Council to run this weekly friendship group. Just drop-in, no booking required.

Costa, 1 Bridgford Road, West Bridgford

Every Wednesday 2pm – 4pm

Rushcliffe Learning Disabilities Forum Event – Rushcliffe Games

Rushcliffe Learning Disabilities Forum members in partnership with Parkwood Leisure will be holding a sports event on Friday 20th May 2016 10.00am-4 00pm at Cotgrave Leisure Centre, Woodview, Cotgrave, Nottingham NG12 3PJ.

For more details please contact

Sue Knowles 0115 9699060 sknowles@rushcliffecvs.org.uk

Please see our website for a downloadable poster - <http://www.rushcliffecvs.org.uk/projects-projects-72/health-projects-77/923-the-rushcliffe-games.html>

Contact the Elderly – new group needs your help

Contact the Elderly is a national charity which operates by forming small, friendly local groups made up of guests and volunteers. One Sunday afternoon a month each group meets for tea, cake and company. Hosts take it in turns to welcome guests, usually once or twice a year and volunteer drivers take guests safely to the tea party and then home again. This free door-to-door service is a vital lifeline of friendship for older people within the community. They visit a different home each month and over the months friendships develop.

A new group is starting in the West Bridgford area, coordinated by a local volunteer.

Do you know someone who might benefit from this new service?

Would you be interested in helping out, either as a driver (every month) or a host (typically once or twice a year)?

If you would like to find out more please go to www.contact-the-elderly.org.uk or contact the East Midlands Regional Development Officer, Prabina Lord via 0161 460 2950 or prabina.lord@contact-the-elderly.org.uk

Prince's Trust Team Programme

For unemployed people aged between 16 and 25. Benefits are not affected.

Free course – gain qualifications and certificates, meet new people, try new things, gain working experience, improve skills.

Open Day – 18 May 2016 – Highfield Fire Station, Beeston

Next course starts 23 May 2016

For more information contact Tracey Avery – 07967 690740 or email tracey.avery@notts-fire.gov.uk

Prince's Trust Get Started ... with Football

Get Started with Football will be running from Monday 23 May until Friday 27 May at Nottingham Forest Football Club.

This is a **free**, one week training programme for unemployed people aged between 16 and 25 where you will improve your teamwork, communication skills and confidence, gain the Junior Football Leader Qualification and First Aid Certificate, learn coaching and leadership skills from a professional club, gain certificates and references upon completion and receive three months support after the programme to help you move into education, training or employment.

There will be a taster session on Thursday 19 May.

To register your interest text 'football' or call Nicole on 07436 797255 or email nicole.richardson@princes-trust.org.uk.

Two events from Nottinghamshire Wildlife Trust

Wilwell Nature Reserve Open Day - Saturday 10th June – 10am – 4pm for a range of summer wildflowers including Southern Marsh Orchids, Knapweed, Ladies Bedstraw and many others uncommon to the area. Wilwell is on the B680 running between Ruddington and Wilford Village – car parking available.

Bunny Wood Nature Reserve Open Day – Sunday 8th May 10.30am – 4.30pm. Bunny Wood is one of the best examples of ancient woodland in Rushcliffe, and the bluebells are out. It can be found on the left of the A60 climbing out of Bunny village. Car parking available.

www.nottinghamshirewildlife.org

It takes all sorts!

Allsorts, a South Nottinghamshire based social group for young disabled adults, is looking for new members and new volunteers thanks to receiving a Big Lottery grant of £10,000. The group is looking to spend the grant on marketing to attract new members and new volunteers so the group can expand.

The group gives disabled adults aged 18 to 40 the chance to get out and about and socialise, something that was very much lacking when the group was started 23 years ago by its founder Jane Hawthorn. The group caters for adults with physical, sensory and mild learning disabilities.

Jane says: “I have a visual impairment and was prompted to start the group as I found there was so little on offer in the evenings around Notts for young adults with a disability. There has been a lot of success and positive feedback from people who join - lifelong friendships have been created and some people have even started dating as a result of meeting at Allsorts.”

The group meets every month on the second Thursday from 7.30pm to 9.30pm and activities include going ten pin bowling, going to the theatre or out for a bite to eat.

New members pay an annual fee of £10 to join the group. Anyone interested in joining can contact Jane on 0115 9146696 or find out more on the website at www.allsortsnotts.org.uk

Rushcliffe Good Neighbours

Join us at Edwalton Community Church, (13-15 Wellin Lane), at 2.30 pm on Wednesday 1st June for the first session of our new Good Neighbours scheme – a social initiative which seeks to tackle loneliness and isolation in our Community.

Good Neighbours hopes to encourage and support people who are prepared to take personal responsibility for being **aware** of the social needs of those they live amongst. It also provides for those needs through regular meetings of a Social Group which has access to the many local and national organisations offering social and practical help.

Come and help yourself, bring a friend and help others. Make new friends, do new things, have your say, relax and enjoy! If you would like more details please contact John Quinton, telephone 0115 923 2914 or email john.brian.quinton@gmail.com

Philanthropy to the rescue?

Philanthropy, or doing good, being charitable or generous are all things that come naturally to the voluntary sector and its volunteers. Working with little money and few resources can also force

voluntary organisations to be very creative and innovative. Change is also very frequent. The voluntary sector has had to change and evolve for many reasons – changes in the law, changes in how people feel about giving and volunteering, the recession, lack of resources, loss of traditional funding streams and many other reasons.

Academics and practitioners from the voluntary sector have combined forces to put on a free seminar on 16 May called 'Philanthropy – transformative? The seminar takes place at the University of Nottingham.

The seminar will discuss the extent to which philanthropy can bring about significant innovation and successful change, and will explore how organisations can work together and share knowledge to benefit the voluntary sector as a whole.

For further information visit <http://tinyurl.com/zhvwcgv>

Consultation – CICs converting to become CIOs

The Charity Commission have issued an invitation to comment on proposals on conversion to CIO status. Of particular interest to any Charitable Company or CIC that is thinking of conversion to a CIO. For details go to: <http://tinyurl.com/z2wo23c>

(Source: Community Accounting Plus – 4.4.16)

Updates from Trading Standards

If any member of the public wishes to obtain consumer advice or to bring a matter to the attention of trading standards they should call the Citizens Advice Consumer Service on 03454 04 05 06. Nottinghamshire Trading Standards are informed of all calls to this number where the consumer or trader lives within Nottinghamshire.

Trading Standards are now working in partnership with Checkatrade to provide an approved trader scheme to help Nottinghamshire consumers choose a trader they can trust and rely upon. This replaces the Buy With Confidence Scheme.

To find an approved trader: visit www.checkatrade.com or call 0333 0146 190.

To request leaflets about the scheme, to become an Approved Trader or if you would like to include information on your website about the scheme please call Checkatrade on 0115 838 9190.

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Training and Resources

Training:

Centre for Voluntary Sector Leadership

The Open University Business School has announced the launch of its first free online course as part of the newly established Centre for Voluntary Sector Leadership.

The first free module, is *Introducing the Voluntary Sector*. It is an eight week course covering the context and features of voluntary and community organisations including the structure and history of the UK voluntary sector; values and beliefs; funding issues; understanding stakeholders and beneficiaries; power and empowerment; and the role of volunteering. The course is aimed at

learners working (or aspiring to work) as paid members of staff or as volunteers in voluntary or community organisations. The second course, *Working in the Voluntary Sector*, will be available later this year. More courses are under development.

For more information see <http://tinyurl.com/zfxfoyk>

(Source – Enable 22.4.16)

Training from Nottinghamshire Deaf Society

Following Deaf Awareness Week (2 - 8 May), Nottinghamshire Deaf Society are launching the Hearing Deaf Voices Project to raise awareness of and celebrate Nottinghamshire's Deaf community. 1 in 6 people in Nottinghamshire is deaf or hard of hearing, so Nottinghamshire Deaf Society is offering Deaf Awareness training and BSL taster sessions for organisations to better understand and make a difference to the deaf population. For more details go to

<http://tinyurl.com/hfhlheo>

(Source – NCVS bulletin 29.4.16)

Training on Mental Health and Suicide Prevention

Nottinghamshire County Council has commissioned Kaleidoscope Plus to deliver a package of training courses on Mental Health and Suicide Prevention. The Kaleidoscope Plug Group have a range of campaigns planned across Nottinghamshire, including Mental Health awareness, Mental Health promotion, and Suicide Prevention. Their accredited training programmes are open to both community members and front-line workers. The Course programme can be found on the Kaleidoscope Plus website under the Nottinghamshire tab:

<http://www.kaleidoscopeplus.org.uk/nottinghamshire>

Resources:

NCVO – UK Civil Society Almanac

The refreshed UK Civil Society Almanac has all the voluntary sector facts and figures you could ever need including...

...where charities get their money from and how they spend it

...how many people the sector employs and who they are

...how many people volunteer and what motivates them.

It's a fantastic reference tool to help your charity plan its operations, write funding bids and much more. Go to data.ncvo.org.uk

(Source – Nottinghamshire Together 28.4.16)

PSC Register

From 6 April 2016, all companies, including charitable companies and Community Interest Companies, must now have a register of 'people with significant control' (PSC register), of individuals and legal entities which have "significant influence or control" over them. For more information and access to the latest briefings go to:

<https://voluntarynews.org.uk/news/2016/04/all-companies-now-need-register-of-control/>

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Regular information:

How Rushcliffe CVS can support your group

As well as providing you with regular news, we offer the following services to voluntary and community groups:

Group Support: Advice, guidance and support, setting up a group

Volunteers: Supporting volunteers, good practice in volunteer management, recruitment

Funding Advice, Training, Networking events, Information

Admin Services including photocopying, laminating, targeted email shots to organisations on our community database and Equipment Hire

Meeting Room in West Bridgford – accommodates up to 15 for £8/hour or £25/half day.

For more details of our services, visit our website page [here](#). Alternatively, call **0115 969 9060** or email admin@rushcliffecvs.org.uk

How Rushcliffe CVS can support individuals

[Voluntary Transport Scheme](#) – helping people get out and about

[First Contact Signposting Scheme](#) – finding out about services for the over 60s

[Rushcliffe Befriends](#) – reducing loneliness and isolation of older people

[Health Development Work](#) – helping people have their say on health services

[Whatton Visitor Centre](#) – improving the experience of visitors to Whatton prison

For more details, click on the individual project links or visit our website www.rushcliffecvs.org.uk or telephone 0115 969 9060.

Rushcliffe Volunteer Centre & Drop-in Sessions in West Bridgford

Are you an organisation looking for volunteers?

We can help you find volunteers by including your opportunity on our database which is linked to the national volunteering website Do-it. We can highlight your opportunity in our newsletter, on our notice board in West Bridgford and on our website on the [volunteering webpage](#). Click on [Find Volunteers](#).

For potential volunteers

On the first Tuesday afternoon of each month, Rushcliffe Volunteer Centre holds a drop in session from 1 - 4pm at West Bridgford Library. Come along and have an informal chat and find out about local volunteering opportunities.

The Volunteer Centre holds a database of diverse volunteering opportunities – there's something for everyone. Find out more by visiting the [Be a Volunteer](#) page on our website.

For any queries, please contact Helen Stanbridge, the Volunteer Development Co-ordinator on 0115 969 9060 Ext 122 or hstanbridge@rushcliffecvs.org.uk

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Please note: The information contained in this document is given in good faith and has been checked as far as possible. Rushcliffe CVS accepts no liability for any act, omission, loss or damage arising from any inaccuracies or incompleteness in such information. The information published in this newsletter does not necessarily reflect the views of RCVS.

RCVS is committed to equality of opportunity in all that it does.

Rushcliffe Community and Voluntary Service

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Email: admin@rushcliffecvs.org.uk

Website: www.rushcliffecvs.org.uk



Rushcliffe Community and Voluntary Service is on Facebook. To connect with Rushcliffe Community and Voluntary Service, sign up for Facebook today.

[Sign Up](#) [Log In](#)



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Rushcliffe Community and Voluntary Service is a Registered Charity, No 1079880 and a Company Limited by Guarantee, No 3867757. RCVS is registered in England and Wales and is a member of NAVCA. We gratefully acknowledge financial assistance from Rushcliffe Borough Council and Nottinghamshire County Council.

Editor: Jess Molineaux, Rushcliffe CVS