## EAST BRIDGFORD MEDICAL CENTRE SEASONAL INFLUENZA DROP-IN CLINICS

Sat 8th October 2016 Sat 29th October 2016

## 8.30am - 11.30am

## The following people are eligible for flu vaccination

- All those aged 65 yrs & over, by 31 March 2017
- From 6 mths old to under 65 yrs old, in clinical risk groups
  - Respiratory disease such as COPD or asthma
  - Heart disease
  - Renal disease
  - Liver disease
  - Diabetes
  - Neurological Disease
  - You have had a stroke or transient ischaemic attach (TIA)
  - You have immunosuppression due to disease or treatment
  - You are in receipt of a Carer's Allowance or are the main carer of an elderly or disabled person whose welfare may be at risk if you fall ill.
- All pregnant women
- All 2, 3 and 4 year olds, not 5yrs or older, on 31 August 2016
- Primary School aged children, years 1,2 & 3 will be vaccinated in schools
- Those in long stay residential care homes
- Carers

Please note: All under 5 year olds will be individually contacted and booked into the usual Surgery clinics.

If you are over 65 and have never had a vaccination against pneumonia you will be offered it at the same time as your flu jab.

Please be aware that the clinics are for flu only. If you have any other health concerns please make an appointment to see your doctor at another time.

Remember Influenza, or 'flu', is a highly contagious acute viral infection that affects people of all ages - a flu iab will not give you flu!

For further advice please telephone the surgery on **01949 20216** 

Drs Scaffardi, Stewart and Cope 2 Butt Lane, East Bridgford, Nottingham NG13 8NY