

# MAKE A DIFFERENCE

## Become a Personal Assistant



## What is a Personal Assistant

There are people in community who need Personal Assistants (PAs) to provide care and support. This may be because of their age or disability. A PA is employed by the person who needs care and support to live as independently as possible in their home and community.

The key skills a PA needs are to be motivated, caring, flexible, have the ability to listen, to be able to use their initiative and a willingness to learn and respond.

## Come along to one of our free events to find out more...

Friday 7th October 2016, 1pm - 3pm

Holy Trinity Community Centre, Boundary Rd, NG24 4AU

Monday 31st October 2016, 5.30pm - 8.30pm

Ollerton Town Hall, NG22 9PP

Friday 28th November 2016, 12.30pm - 3.30pm

Gringley On The Hill Community Centre, DN10 4QY

Wednesday 11th January 2017, 12.30pm - 3.30pm

Bingham Methodist Centre, Next to Library, NG13 8AD

Monday 23rd January 2017, 12.30pm - 3.30pm

West Bridgford Library, NG2 6AT



*Nottingham North and East Clinical Commissioning Group  
Nottingham West Clinical Commissioning Group  
Rushcliffe Clinical Commissioning Group  
Mansfield and Ashfield Clinical Commissioning Group  
Newark and Sherwood Clinical Commissioning Group*