

# Need a flexible career?

## Become a Personal Assistant and support someone with their care, cleaning, leisure activities and other tasks



There are people in the community who need Personal Assistants (PAs) to provide care and support. This may be because of their age or disability. A PA is employed by the person who needs care and support to live as independently as possible in their home and community.

The key skills a PA needs are to be motivated, caring, flexible, have the ability to listen, be able to use their initiative and have a willingness to learn and respond.

### Come along to one of our free events to find out more...

Tuesday 1<sup>st</sup> November – 6.00pm – 8.00pm  
Monday 28<sup>th</sup> November – 1.00pm – 3.00pm  
Wednesday 11<sup>th</sup> January – 1.00pm -3.00pm  
Monday 23<sup>rd</sup> January 1.00pm – 3.00pm

Ollerton Town Hall  
Gringley on the Hill Comm Centre  
Bingham Methodist Church  
West Bridgford Library

