

Look out for leaflets about our "one off events" and holidays programme.

We offer a range of Parenting Programmes and Adult/ Family learning opportunities.

For further information about our What's On Guide or any other enquiries please contact one of our centres using the details below.

Abbey and Lady Bay Children's Centre

(Covering Abbey and Lady Bay, West Bridgford Central, Ruddington, Edwalton and Gamston)
Open Monday-Friday 8.30am-4.30pm
Tewksbury Close, West Bridgford, Nottingham NG2 5ND

Bingham and Cotgrave Children's Centre

(Covering Bingham, Cotgrave and the surrounding villages)
Open Monday - Thursday 8.30am-5pm Friday 8.30am-4.30pm
Eaton Place, Bingham, NG13 8BE

East Leake and Keyworth Children's Centre

(Covering East Leake, Keyworth and the surrounding villages)
Open Thursday 8.30am-1.00pm and Friday 1.00pm-4.30pm
School Green, East Leake, Loughborough, LE12 6LG

Telephone: 01949 863 840

Commissioned by:



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What's on in Rushcliffe District Children's Centres September - December 2016

Activities for families living in the Rushcliffe District with children aged 0 to 5 years

Nottinghamshire Children
and Families Partnership



Keep up to date with Children's Centre activities via...



Not-tr.rushcliffe@nhs.net



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'Sure Start Rushcliffe'



www.surestart.notts.nhs.uk

What's on in Rushcliffe Sept - Dec 2016 (Term Time Only)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	<p>10-11.30am: Bumps to Babies (Term time only) Radcliffe Health Centre</p> <p>10-11.30am: Bumps to Babies Cotgrave C of E School</p> <p>11am-12pm: Play Drop-in (Every other week) Bingham Children's Centre</p>	<p>9.15-10.45am: Baby Clinic Radcliffe Health Centre</p> <p>10-11.15am: Stay & Play Cotgrave CofE School</p> <p>10-11.30am: Bumps to Babies Keyworth Young People's Centre</p>	<p>9.15-11.15am: Baby Clinic Cotgrave health Centre</p> <p>9.30-11.30am: Baby Clinic Bingham Health Centre</p> <p>9.30-11am: Bumps to Babies Bingham Children's Centre</p> <p>Parenting Programmes (Contact the children's centres for more information)</p> <p>10.30-11am: Splash About Rushcliffe Leisure Centre (Booking required - call Abbey and Lady Bay Children's Centre)</p>	<p>9-10.30am: Family Support & Information Drop-in Keyworth Primary School and Lantern Lane School (Term-time only)</p> <p>10-11.30am: Messy Play & Busy Feet Keyworth Young People's Centre</p> <p>10-11:30am: Bumps to Babies East Leake Children's Centre</p> <p>10-11.30am: Baby Clinic West Bridgford Health Centre</p>	<p>9.30-11.30am: Stay & Play Cotgrave Serendipity's</p> <p>10-11.30am: Stay & Play (Last Friday of the month) The Body Centre Ruddington</p> <div style="border: 1px solid black; border-radius: 50%; padding: 10px; width: fit-content; margin: 10px auto;"> <p style="text-align: center;">For further information about our sessions, age ranges and services please contact the children's centre (see overleaf)</p> </div>
PM	<p>2-4pm: Information Drop-in Cotgrave Library</p> <p>2-5pm: Friendly Faces Drop-in Cotgrave Library</p> <p>2-3.30pm: Baby Clinic Keyworth Health Centre</p> <p>Adult Learning Programme (Contact the children's centre for more information)</p>	<p>1.30-2.30pm: Splash About Keyworth Leisure Centre (<u>Booking required</u> - call East Leake and Keyworth Children's Centre)</p> <p>1.30-3pm: Stay & Play (Last Tuesday of the month) Bingham Rugby Club</p> <p>2-3.30pm: Baby Clinic East Leake Health Centre</p> <p>2-3.30pm: Baby Clinic West Bridgford Health Centre</p> <p>2.15-2.45pm: Splash About Rushcliffe Leisure Centre (<u>Booking required</u> - call Abbey and Lady Bay Children's Centre)</p>	<p>1-2pm: Breast Feeding Group West Bridgford Young People's Centre</p> <p>1-4pm: Information Drop-in Bingham Children's Centre</p> <p>2-3pm: Bumps to Babies West Bridgford Young People's Centre</p> <p>2.30-3.00pm: Rattle, Rhyme & Roll Cotgrave Library</p>	<p>1.30-3pm: Stay & Play Abbey & Lady Bay Children's Centre</p> <p>1.30-3pm: Baby Clinic Ruddington Medical Centre</p> <p>2.30-3.30pm: Movers and Shakers (Second Thursday of the month) East Leake Library</p> <p>Parenting Programmes (Contact the children's centres for more information)</p>	<p>1.30-3pm: Breast Feeding Group Cotgrave Health Centre</p> <div style="border: 1px solid black; background-color: #fce4d6; padding: 5px; text-align: center; margin: 5px 0;">Saturday</div> <p>10-11.30am: Dad's Group (First Saturday of the month) Abbey and Lady Bay Children's Centre 03/09/2016 01/10/2016 05/11/2016 03/12/2016</p> <div style="border: 1px solid black; background-color: #fce4d6; padding: 5px; text-align: center; margin: 5px 0;">Sunday</div> <p>Watch out for Little Ruggers, starting in September! Contact the children's centre for info.</p>