

**NHS**

THE BIG HEALTH DEBATE

Should over the counter medicines for minor illnesses be available on prescription?

Over the counter medicines are those that can be bought easily at shops, supermarkets and pharmacies like paracetamol, cough medicines, ibuprofen and antihistamines.

Currently, these medicines are available on prescription for all conditions including minor illnesses like colds and headaches.

Across South Nottinghamshire, we spend over **£880,000 per year on prescribing paracetamol and ibuprofen alone.**

We are proposing to limit prescribing of over the counter medicines for minor illnesses and want to know what you think.

How to have your say:

Go to: www.surveymonkey.com/r/OTC-meds

Or call: **0800 028 3693 (option 2)** to get a printed copy or complete over the phone

You can have your say any time from
**Monday 19 December 2016 to
Friday 3 February 2017**

NHS
**Nottingham North and East
Clinical Commissioning Group**

NHS
**Nottingham West
Clinical Commissioning Group**

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**Rushcliffe
Clinical Commissioning Group**

**STAY WELL
THIS WINTER**

Your local pharmacist can provide expert advice on a wide range of minor illnesses.

Join the conversation at:



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