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Keep up to date with news and information about all of our services by visiting our website www.rushcliffecvs.org.uk. You can contact RCVS on **0115 969 9060**.



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RCVS News

Rushcliffe CVS AGM – Tuesday 21 November

The Rushcliffe CVS Annual General Meeting will take place on Tuesday 21 November.

Further details will be sent out nearer the time, and will be available on our website www.rushcliffecvs.org.uk

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Volunteering

Volunteering guidance for NHS providers

An estimated three million people volunteer in health and care. The time volunteers give every day, in a very wide range of roles, makes a valuable contribution to the quality of care patients' experience.

Volunteering is a key enabler in transforming the way the NHS works with people and communities and is essential for the success of the Five Year Forward View and particularly Chapter 2 which identifies the need to 'encourage community volunteering'.

NHS England has produced guidance to offer practical support and information for NHS providers to enable them to support the strategic ambition to grow and develop volunteering in the NHS.

Please see the website for further info:

<https://www.england.nhs.uk/participation/resources/volunteering-guidance/>

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Volunteer Opportunities

Equation – volunteers needed

Equation's goal as a charity is for everyone to have equal, healthy relationships, in a society free from domestic abuse, sexual violence and gender inequality.

It is a small charity looking for volunteers to assist within the Fundraising Team. Opportunities currently available are:

Administration duties: if you can spare a few hours a week help is needed with maintaining our database, inputting data, research and assisting with general office duties.

Fundraising Events Committee: this group meets 3 times yearly to offer support with volunteering at ad hoc events, helping to raise awareness and supporting fundraising activities.

This is a friendly, supportive team who would love to hear from people interested in getting involved. Equation is an award-winning, innovative charity at the forefront of pioneering work challenging, reducing and preventing domestic abuse and sexual violence. See website www.equation.org.uk

For more information, contact Helen Stanbridge at Rushcliffe CVS – 0115 969 9060 or email volunteer@rushcliffecvs.org.uk

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Funding

Comic Relief - Thriving Not Just Surviving: Young Men and Mental Health

A new fund has been launched to support vulnerable and disadvantaged young men with mental health problems in the UK.

The new £1.75 million fund is for work with vulnerable and disadvantaged men, aged between 11 and 20 years, who are experiencing mental health problems. Comic Relief is focusing on this age group as 50% of adults who experience mental health problems present symptoms in their teens.

It is expected that approximately 20 grants will be awarded across the UK. Grants of between £100,000 and £150,000 are available for up to three years' work in the UK.

Priority will be given to applications which:

- Have consulted and plan to co-design activities with young men to ensure their needs and interests are met effectively.
- Are working with young men from Black, Asian and minority ethnic (BAME) communities or those with co-occurring learning disabilities and mental health problems.
- Use activity based interventions as a tool of engagement and/or that are psychologically informed. Applications using the arts and sports as well as social and cultural activities will be considered.
- Promote and recognise the power of peer support and positive role models and incorporate these into their interventions.
- Ensure activities are carried out in non-stigmatising locations.

Applications will be accepted from specialist mental health and/or youth organisations with particular interest in organisations that are based in the community in which they work. Partnership bids are welcome. Only one proposal per applicant can be submitted.

The deadline for applications is 13 October 2017 (midday).

The Link is: <http://www.comicrelief.com/apply-for-grants/open-grants-initiatives/thriving-not-just-surviving-young-men-and-mental-health>

Magic Little Grants Fund

Localgiving has teamed up with Postcode Community Trust to provide a free annual Localgiving membership and a grant of either £250 or £500 to small charities and community groups that are delivering engaging physical activities, to help overcome barriers to participation. Deadline 31 October.

<http://grants.localgiving.org/pct>

Wilkinsons - Helping Hands

Every Wilkinson store has a small budget to help their local community to do great things. They want their donations to improve the lives of as many local people as possible and can make a big difference to lots of good causes. Whether you need a small raffle prize or pot of paint or even something a little bigger, come along to your local Wilkinson store to see if they can help you.

To apply for a donation from the Helping Hands budget you need to visit your local store and pick up an application form. These forms can be found at the customer service desk or please ask a Wilkinsons Team Member who will be more than happy to help you.

<http://corporate.wilko.com/stories/supporting.php>

Warburtons Financial Giving

Warburtons supports charities and the community in three ways: with financial support, product donations and the personal involvement of individual people - both Warburton family members and employees.

Their main focus is on grass roots activities that have a positive effect on the aspirations, education, skills and employability of young people, as well as projects that are centred on family life, promoting healthier lifestyles and contributing to improvements in the local community.

Their National School Visitor Programme has been running for more than 20 years. Each year, trained teams from our bakeries visit around 1,500 primary schools, sharing our knowledge of bread making and nutrition with students.

Their financial giving programme is aimed at supporting projects, activities and organisations that have charitable aims and will be of real direct benefit to local communities. The support they provide should reach charities and organisations delivering work that aligns to their priorities and has a direct and tangible impact on people's lives.

They have a clear definition of both grants and projects:

- Community grants: are for small sums of money that can be used for something specific that will benefit the cause you support. e.g. Buying equipment, supporting a community day etc.
- Projects: Funding for community projects is for a clear, identifiable project that can be attributed to our support or might enable the organisation to extend what they currently undertake. They will be able to identify and report on the impact, in an in-depth manner.

Community Grants are open to applications at any time from England, Wales and Scotland, for amounts up to and including £250.

Tel: 01204 556600

Website: www.warburtons.co.uk/corporate/responsibility/best-for-the-community/financial-giving

Aviva Community Fund

Deadline: 12 noon Tuesday 10 October 2017

The Aviva Community Fund offers you the chance to get funding for an important cause in your community. It's open to everyone – the general public as well as Aviva customers, employees, insurance brokers or financial advisers (whether associated with Aviva or not). Get enough votes from friends, family and supporters in your community and your project could be entered into the Finals, where a judging panel will award the funds.

Your project is right for the Aviva Community Fund if it:

- will make a positive difference in your community
- is associated with a community organisation or charity, and will take place in the UK
- will be completed or well underway before 31 December 2018
- can ideally be completed with the requested funding alone.

The funding levels you can apply for are vary between up to £1,000 and up to £25,000.

The categories for 2017 are:

- Health and Wellbeing
- Skills for Life
- Community support
- Inclusivity

Website - <https://community-fund.aviva.co.uk/voting/user/aboutthecompetition>

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Health

Help to shape the future of health and social care – public meeting

A public briefing and feedback event will give people the chance to find out more about plans to better join up health and care in Greater Nottingham.

Wednesday 1 November from 10am to 12midday

The Albert Hall, North Circus Street, Nottingham, NG1 5AA.

The event is being organised by the Greater Nottingham Transformation Partnership, which is made up of local NHS organisations and other health providers, Nottingham City Council and Nottinghamshire County Council.

Work is underway after the NHS nationally named Greater Nottingham as an ‘accelerator’ site to find ways to remove barriers between organisations and create what could look like an Accountable Care System. This part of the wider Nottingham and Nottinghamshire Sustainability and Transformation Partnership (STP).

No one in England has tried this before on such a large scale across all of health and social care in one place, so the views of the public are vital in making sure this work moves forward in the right way.

To reserve a place at the event, please contact our Patient Experience Team at nnestccg.pet@nhs.net or call 0800 028 3693 (Option 2).

For more information about work to join up health and social care, visit: www.GreaterNottinghamTransformation.co.uk

CQC maternity services campaign

The Care Quality Commission (CQC) is launching a new national campaign aimed at raising awareness of CQC amongst women who are pregnant, planning to have a baby are looking to be pregnant, or have recently used maternity services in England. We want more women to be aware that if they’re pregnant and choosing where to have a baby, you should be able to choose the right birth plan for you, and that CQC resources – inspection reports and rating, are here to help them make that decision.

Consumer research recently commissioned has highlighted low awareness among new mothers of inspection reports and the information available on the quality of care provided by maternity services across the country.

The objectives are to encourage more women to use the free, independent CQC inspection reports to compare maternity services near them. If they’ve recently had a baby they are encouraged to share their experiences with CQC.

If you would like further information or to get involved in this campaign, go to <http://www.cqc.org.uk/help-advice/your-stories/making-your-birth-plan>

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News & Events

Nottinghamshire Switch, Save & Smile

Queens award-winning charity Nottingham Energy Partnership (NEP) has partnered with Nottinghamshire councils to launch a collective switching campaign for the County and offer you the chance to find a better energy deal. All Nottingham City and Nottinghamshire County residents are able to participate.

7 out of 10 people are overpaying for their energy. Notts Switch, Save & Smile will negotiate for competitive prices with the energy companies, on behalf of local residents to take the hassle out of switching, and secure lower bills.

Collective switching works through people power. The greater the number of people that register, the lower the tariff. Register your interest today at www.bit.ly/notts-switchsavesmile or call 0115 784 6696. It is free with no obligation to switch and you could benefit from average savings of £243. Please have your latest energy bill to hand when registering.

The Notts Switch, Save & Smile team welcome the chance to speak to residents and help them to sign up. Drop in registrations sessions will be running every Tuesday 10am-12pm and Thursday 2pm-4pm until 28 November. Call 0115 784 6696 for details. Or the team will be out and about, attending a number of events in Rushcliffe in October:

16 October 7pm-7.30pm West Bridgford Forum - County Hall, Loughborough Rd NG2 7QP

18 October 8pm-8.30pm Lady Bay Public Meeting - Pierrepoint Rd, West Bridgford NG2 5BP

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Training and Resources

Training event on fundraising skills and governance topics

This event will be hosted by Nottingham CVS and delivered by the Foundation for Social Improvement (FSI), with support from the Department for Digital, Culture, Media and Sport (DCMS):

Tuesday 14 November 2017, 9.30am-4.30pm (registration from 9.15am)
Nottingham Voluntary Action Centre, 7 Mansfield Road Nottingham NG1 3FB

Further information is available from the link below:

<http://www.thefsi.org/services/training/nottingham-november-2017/>

Telling a better story about charities - new communications toolkit

NCVO has published a new FREE guide to help charities respond to potential concerns from the general public.

In recent years, charities have faced questions over the way they operate. Executive pay, fundraising methods and governance have all been scrutinised. This has created a renewed public discourse about how charities operate as institutions, rather than on what they achieve.

This guide considers the importance of transparency in communication, and ways of telling positive stories as effectively as possible. Download the guide here:

https://www.ncvo.org.uk/images/documents/about_us/media-centre/NC963-Communications-Toolkit_V4.pdf

Handy legal & digital resources

If you find yourself in need of legal support, Thomas Reuters Foundation's TrustLaw Programme offers free legal assistance and resources to charities and social enterprises. Find out more at <https://www.trust.org/trustlaw/>

You may also want to check out Get Online @ Home, an initiative providing low cost refurbished computers and a broadband comparison service to help charities achieve digital inclusion. www.getonlineathome.org

Local Charities Day 2017

The Government have announced this year's Local Charities Day will take place on 15 December. The day will highlight the work of small charities like you that are making remarkable differences in their communities. In the lead up to the day, spread the word and check DCMS's blog for more information.

<https://dcmsblog.uk/2017/09/local-charities-day-2017/>

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Regular Information

How Rushcliffe CVS can support your group

As well as providing you with regular news, we offer the following services to voluntary and community groups:

Group Support: Advice, guidance and support, setting up a group

Volunteers: Supporting volunteers, good practice in volunteer management, recruitment

Funding Advice, Training, Networking events, Information

Admin Services including photocopying, laminating, targeted email shots to organisations on our community database and Equipment Hire

Meeting Room in West Bridgford – accommodates up to 15 for £8/hour or £25/half day.

For more details of our services, visit our website page [here](#). Alternatively, call **0115 969 9060** or email admin@rushcliffecvs.org.uk

How Rushcliffe CVS can support individuals

[Voluntary Transport Scheme](#) – helping people get out and about

[Rushcliffe Befriends](#) – reducing loneliness and isolation of older people

[Health Development Work](#) – helping people have their say on health services

[Whatton Visitor Centre](#) – improving the experience of visitors to Whatton prison

For more details, click on the individual project links or visit our website www.rushcliffecvs.org.uk or telephone 0115 969 9060.

Rushcliffe Volunteer Centre & Drop-in Sessions in West Bridgford

Are you an organisation looking for volunteers?

We can help you find volunteers by including your opportunity on our database which is linked to the national volunteering website Do-it. We can highlight your opportunity in our newsletter, on our notice board in West Bridgford and on our website on the [volunteering webpage](#). Click on [Find Volunteers](#).

For potential volunteers

On the first Tuesday afternoon of each month, Rushcliffe Volunteer Centre holds a drop in session from 1 - 4pm at West Bridgford Library. Come along and have an informal chat and find out about local volunteering opportunities.

The Volunteer Centre holds a database of diverse volunteering opportunities – there's something for everyone. Find out more by visiting the [Be a Volunteer](#) page on our website. For any queries, please contact Helen Stanbridge, the Volunteer Development Co-ordinator on 0115 969 9060 Ext 122 or hstanbridge@rushcliffecvs.org.uk

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Please note: The information contained in this document is given in good faith and has been checked as far as possible. Rushcliffe CVS accepts no liability for any act, omission, loss or damage arising from any inaccuracies or incompleteness in such information. The information published in this newsletter does not necessarily reflect the views of RCVS. RCVS is committed to equality of opportunity in all that it does.

Rushcliffe Community and Voluntary Service

Level 3a, Bridgford House

Pavilion Road

West Bridgford

Nottingham NG2 5GJ

0115 969 9060

Email: admin@rushcliffecvs.org.uk

Website: www.rushcliffecvs.org.uk



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Editor: Jess Molineaux, Rushcliffe CVS

