

Are you a young person wanting to help shape mental health early support services?

"I believe early intervention is key as it prevents a potential crisis as well as preventing disruption in a young person's life."

Young person from Nottinghamshire

We are looking for young people up to the age of 25 to share views and experiences to help shape mental health early support services.

Click [here](#) to find out more.

There are two ways that you can get involved:

- 1) Participate in a quick survey by Friday 18th September. To access the survey, click here: <https://www.surveymonkey.co.uk/r/XF8JW6H>
- 2) Take part in a virtual focus group by contacting gabrielle@leaders-unlocked.org or call or text 07463734582.

Telephone interviews are also available for those who would like to take part in this.

All engagement ends on Friday 18th September 2020.

To participate in a telephone interview or to request materials in a different format, email sasha.bipin@nhs.net or call or text 07818580719.

